



Capital City Village <bonniegilson@capitalcityvillage.org>

Annual Meeting, Writers Series, and Rick's Travels All Coming Up!

1 message

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Wed, Feb 16, 2022 at 9:59 AM

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**Join us in February for these Featured Events, and then
scroll on down to hear from our members, staff and
community!**

Capital City Village Office: (512) 524-2709
Member Services: (512) 468-5594

February 16, 2022



Click on the button to go straight to your favorite section.



Rick at the Balloon Fiesta and Utah

Men's and Women's Lunch
Albuquerque Balloon Fiesta and Utah National Parks
with Rick Cloud
Wednesday, February 16 at Noon

Join CCV members, volunteers and friends for Rick's latest travelogue. He'll feature the annual Albuquerque Hot Air Balloon Fiesta with 550 balloons and his UT *Flying Longhorns* trip to Moab, Utah and nearby national parks and monuments. [RSVP to get your zoom link.](#)



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Screenshots from the 2021 Annual Meeting

Yep – it's our second year on zoom!

Mart and Sue, Tommi, Vivian

Arnie and Margit, Johanna

Jane, Scott

**The Capital City Village Annual Meeting is Thursday,
February 24 at 2 pm – [RSVP here!](#)**

We'll be sharing The State of the Village, and you'll get to know a few more of your fellow members. Gary Knippa & Friends will be providing entertainment.
[RSVP to get your zoom link.](#)



Gary Knippa & Friends



Writers Series Continues with Dr. Vanessa Miller

Sunday, February 27 at 2 pm

Join CCV members, volunteers and friends for our [Writers Series](#). We'll have a conversation with author Vanessa Miller. She's known as a motivational speaker and we look forward to talking with her. It's not necessary to have read her works prior to this conversation. She'll be talking about writing as a vocation and the role of multiple publishing outlets and marketing tools. [Read more about Dr. Miller and RSVP for the program here.](#)

Village Event Calendar



January 26 Poetry Group

Pam, Joe, Kate

Veda, Beverley, Martha

Joanne, Ellen, Peter

(All February Events are being conducted virtually due to Stage 5 restrictions)

- Wednesday, Feb 16 at 12 pm – [Men's and Women's Lunch with Rick Cloud](#)
- Thursday, Feb 17 at 9:30 am – [Coffee Hour](#)
- Friday, Feb 18 at 11 am – [Book Club](#)
- Monday, Feb 21 – Office closed for President's Day
- Wednesday, Feb 23 at 2 pm – [Poetry Group](#)
- Thursday, Feb 24 at 9:30 am – [Coffee Hour](#)
- Thursday, Feb 24 at 2 pm – [Village Annual Meeting](#)
- Sunday, Feb 27 at 2 pm – [Writers Series with Vanessa Miller](#)

Save the Date:

- Wednesday, Mar 2 at 6 pm – [Special Happy Hour - Amplify Austin Kickoff](#) (In-person and virtual event)

Special Happy Hour to Kick Off Amplify

Austin!



Village Happy Hour to Celebrate Amplify Austin This is an In-Person and Zoom Event Wednesday, March 2 at 6 pm

Help us AMPLIFY the good work of Capital City Village during Amplify Austin March 2–3! Please take this opportunity to support [Capital City Village](#) and our mission of helping seniors age well at home for as long as possible. You can donate online, mail a check to the CCV office, or join us for a special kick-off happy hour and make your donation in person.

Tom and Kay McHorse are hosting a special Amplify Austin gathering for the occasion (limit 25 people; **proof of vaccination required**).
BONUS: a word wrangler for Typewriter Rodeo will be on hand to add to the fun!

[To read more about the party and to RSVP, click here.](#)

From our Members

Lots of Mail-in Ballots are Being Returned

Member Carol wants to remind everyone to please follow the new requirements for mail-in ballots, as many are being returned to voters. According to the "Texas Tribune", "Under the state's new rules, officials cannot accept ballots without the ID information on the return envelopes containing the ballot and must mail them back if there's enough time for the voter to send back a corrected envelope."

To seal the envelope, moisten here.

TO CHECK THE STATUS OF YOUR MAIL BALLOT, VISIT

VOTETEXAS.GOV

To seal the envelope, moisten here.

REQUIRED INFORMATION: YOU MUST PROVIDE ONE OF THE FOLLOWING NUMBERS AND IT MUST BE ASSOCIATED WITH YOUR VOTER REGISTRATION RECORD

<p>Texas Driver's License or Texas Personal Identification Card or Election Identification Certificate Number issued by the Texas Department of Public Safety (NOT your Voter Registration VUID #) (Número de licencia de conducir de Texas o Número de Identificación Personal o Certificado de Identificación Electoral expedida por el Departamento de Seguridad Pública de Texas) (NO ES el número de su Registro Electoral VUID#)</p>	<p>If you do not have a Texas Driver's License or Personal Identification Card or a Texas Election Identification Certificate Number, give the last 4 digits of your Social Security Number (Si no tiene licencia de conducir de Texas o Número de Identificación Personal o Certificado de Identificación Electoral expedida por el Departamento de Seguridad Pública de Texas, proporcione los 4 últimos dígitos de número de Seguro Social)</p> <p>XXX-XX-</p>	<p><input type="checkbox"/> I have not been issued a Texas Driver's License or Texas Personal Identification Card or Texas Election Identification Certificate or a Social Security Number (No me han expedido una licencia de conducir de Texas o Número de Identificación Personal o Certificado de Identificación Electoral expedida por el Departamento de Seguridad Pública de Texas ni un número de Seguro Social)</p>
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OPTIONAL CONTACT INFORMATION: Phone: _____ Email: _____

Scam Alert

Member and Volunteer Rick asked us to share this:

"If you get a call on your cellphone from 311 City of Austin saying that your electricity will be cut off in 30 minutes because your payment is behind, it's a scam. Call back the City at 311 and report it. The scammers will tell you that even if your records reflect payment there was a glitch in their software and you must do an online bank transfer of the balance due to avoid cutoff. They also say they will open a ticket to do an investigation into your account and you will be given a refund if their investigation shows you have already paid."



From the Member and Volunteer Services Director

Talk About Great Village Volunteers!

In quick fashion, 50 emergency preparedness kits from the Aging Services Council of Central Texas were safely delivered to CCV members hours before the ice storm on February 3 and unplanned boil water notice affecting Austin water customers on February 5. The kits included batteries, mylar blankets, breakfast bars, crackers, tuna, a flashlight, masks, hand sanitizer, sanitation wipes, a whistle and bottled water. If you would like additional information about winter weather preparedness, email johanna@capitalcityvillage.org.

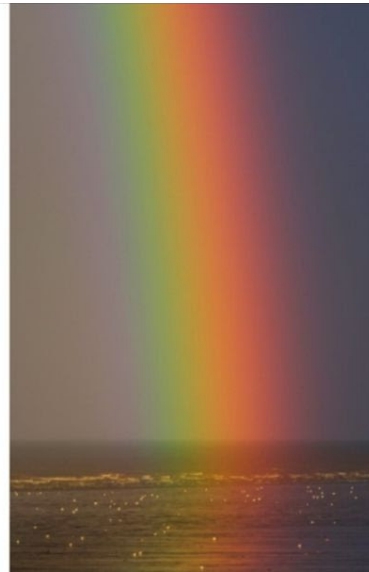
Sue delivering emergency kits



“Try to be a
rainbow in
someone’s cloud”



Maya Angelou



Surveys, Studies, Community



Commission on Seniors Survey

It's that time again! The City of Austin's Commission on Seniors is preparing for fiscal year 2023 budget recommendations; the goal of the recommendations is to inform and educate City leadership on the programs and services needed to support older adults. Please share your concerns and/or opinions by completing [this survey](#).

For more information regarding the survey please contact the Commission on Seniors [via email](#) or call (512) 972-5023.

The Memory and Cognition Lab at Texas State

Is recruiting dementia family caregivers to participate in an online survey investigating the caregiver experience.



Participants can enter for a chance to win one of ten \$35 gift cards for their participation!

Please follow this link to access the survey:
https://txstate.co1.qualtrics.com/jfe/form/SV_6R0K1kE2pbKfcvc



Join the
conversation!

Equity. Energy. Engagement.

Austin Energy delivers numerous programs to help residential customers save money on energy bills.

However, very few people know about or use these energy efficiency and demand response programs. According to Austin Energy's data, the elderly, low-income, busy parents, and people of color are less likely to be served by these programs, as a result.



Austin Energy wants to do a better job of helping the community learn about and participate in programs to help lower energy use and costs.



We need you to provide feedback and recommendations that improve programs and reduce barriers to reaching underserved communities.

During the meeting, you get to weigh in on how Austin Energy can better serve its customers to meet energy-saving and sustainability goals.

The virtual session will be interactive and will be hosted & moderated by Adisa Communications to allow the opportunity for questions and answers.

Virtual Community Meeting

**Tuesday, February 22
6:00 – 7:30 p.m.**

SCAN QR CODE
TO REGISTER:



[Bit.ly/AEFebMeeting](https://bit.ly/AEFebMeeting)



AUSTIN ENERGY IS COMMITTED TO CONSERVATION, SUSTAINABILITY, AND EQUITY.



GPS

NAVIGATION FOR CAREGIVERS

FREE
In-Person & Online:

**Saturday,
Feb. 26th**

Discover local caregiver resources, learn new skills, and connect with local experts on aging!

Sign up today! Space is limited, and registration is required.

Register online: www.TinyURL.com/GPSconference2022

For assistance in registering, call (512) 600-9275

- Conference Schedule -

- 9:00 am - 9:45 am: Registration, Sponsor Fair, and Breakfast
- 9:45 am - 10:00 am: Welcome
- 10:00 am - 11:30 am: Tam Cummings, Session 1
- 11:30 am - 12:15 pm: Lunch & Sponsor Fair
- 12:15 pm - 1:45 pm: Tam Cummings, Session 2
- 1:45 pm - 2:00 pm: Break
- 2:00 pm - 3:00 pm: Q&A with Tam Cummings

Register with your
Smart Device



Dr. Tam Cummings, PhD

Dr. Tam has worked in dementia communities for more than two decades, giving her firsthand experience with persons with dementia, their struggles and behaviors, and the frustration families and professionals face daily. Armed with humor and straight forward honest talk, Dr. Tam uses decades of professional experience, personal stories, and compassion to educate caregivers.

- Presenting Sponsor -

**StDavid's
FOUNDATION**

- Produced By -

AGE
of CENTRAL TEXAS

**riverbend
CHURCH**

- Host Sponsors -



Arden Courts
Memory Care Community

Cyndi Cummings
Turnkey Transitions &
Cummings Home Team





Visit our [website](#) for so much more information. Please let us know ways we can help you during this time, from getting you to necessary doctor's appointments to making sure you have food, meds and services essential to quality of life.

Our phone numbers are 512-524-2709 (office) and 512-468-5594 (Member and Volunteer Services) – call us if you need us!



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