



Capital City Village &lt;bonniegilson@capitalcityvillage.org&gt;

---

## We Say So Long to a Leader

1 message

---

**Capital City Village** <info@capitalcityvillage.org>  
Reply-To: Capital City Village <info@capitalcityvillage.org>  
To: Bonnie <bonniegilson@capitalcityvillage.org>

Fri, Apr 1, 2022 at 10:00 AM

[View this email in your browser](#)

**Executive Director Tommi Ferguson**

## We Say Our So-Longs to Tommi

The Village's Executive Director for the last 6-1/2 years, Tommi Ferguson, is moving on to Roanoke, Virginia to do important things! It's hard to see her go, although we send her on to her next adventure with much love and care. As editor of this missive, I'll take the liberty of saying that I'm proud of having recruited Tommi for the job – she has absolutely been the right person, bringing talents for developing partnerships, fundraising, creativity, empathy, and much more diplomacy than the previous Executive Director. Thank you Tommi and many blessings to you as you pursue this path.

You can send Tommi messages at [tferguson@capitalcityvillage.org](mailto:tferguson@capitalcityvillage.org) until April 8. Tommi has requested no gifts but would appreciate her time with the organization recognized by [donations to CCV in her honor](#).



Capital City Village Office: (512) 524-2709

Member Services: (512) 468-5594

April 1, 2022



Click on the button to go straight to your favorite section.

## Featured Events



Rob Faubion

### **A Conversation with Rob Faubion of AGE Perceptions on Aging in Central Texas Monday, April 4 at 2 pm**

Rob Faubion, Chief Community Engagement Officer for AGE of Central

Texas, will speak on “[Perceptions on Aging in Central Texas](#),” exploring the attitudes and experiences of both older adults and family caregivers living in the 4-county region. Rob has been assisting numerous Central Texas nonprofit organizations for more than 35 years by helping shape their strategic plans, marketing and outreach efforts, client services, and community and media relations. [Read more about Rob and RSVP for the program here](#).

---



**A Conversation with Dr. Mark Carlson  
Hopes for a Vaccine for RSV  
Friday, April 22 at 10 am**

Join Dr. Carlson for a conversation about RSV\* and an upcoming clinical study for an RSV vaccine. After decades of research, hope is on the horizon for a vaccine to prevent this devastating disease. [Click here to read more about Dr. Carlson and to RSVP](#).

-----  
\* Respiratory Syncytial Virus (RSV) is a highly contagious seasonal respiratory virus. The virus is one of the most common causes of acute respiratory infections in older adults, young children and those with underlying health conditions.

---



**A Conversation with Jim Woodrick**  
**"History and Status of Texas Electrical Grid"**  
Sunday, April 24 at 2:30 pm

*You may attend this event either in-person or online. When you [RSVP](#), please indicate in the COMMENTS whether you will be attending at Tarrytown United Methodist Church or on zoom.*

Join CCV members, volunteers and friends for an informative and interesting "[History and Status of Texas Electrical Grid](#)" with Jim Woodrick. He'll discuss the status and history of the Texas electric grid, something that we're all interested in. [Read more about Jim and RSVP here.](#)

## Village Event Calendar



**March 23 Poetry Group Dressed for Easter**

**Veda, Joe, Pam, Tobin**

---

**Joanne, Ellen, Beverly, Laura  
Dorothy, Martha, Jean, Pamela**

*All April events are being held virtually. However, the April 24 event will include an in-person opportunity.*

- Monday, Apr 4 at 2 pm – [Perceptions on Aging in Central Texas](#) with Rob Faubion of AGE
- Wednesday, Apr 6 at 10 am – [Volunteer Orientation](#)
- Thursday, Apr 7 at 9:30 am – [Coffee Hour](#)
- Thursday, Apr 7 at 4:30 pm – [Happy Hour](#)
- Wednesday, Apr 13 at 9 am – [Village Buddy Tutorial](#)
- Wednesday, Apr 13 at 1 pm – [Village Buddy Tutorial](#)
- Thursday, Apr 14 at 9:30 am – [Coffee Hour](#)
- Friday, Apr 15 at 11 am – [Book Club](#)
- Friday, Apr 15 – Office Closed for Good Friday
- Thursday, Apr 21 at 9:30 am – [Coffee Hour](#)
- Friday, Apr 22 at 10 am – [Hopes for an RSV Vaccine](#) with Dr. Mark Carlson
- Sunday, Apr 24 at 2:30 pm – [History and Status of Texas Electrical Grid with Jim Woodrick](#) at Tarrytown United Methodist Church and on zoom
- Thursday, Apr 28 at 9:30 am – [Coffee Hour](#)



**Stan speaking to the crowd**



## Happy Birthday Stan – And Thank You for Your Service!

It's not often that one of our members turns 100 (although Maxine did a few years ago!). But this is the first time that one of our members has been honored on his 100th birthday with flyovers by World War II vintage planes. Stan's service was celebrated at at Camp Mabry Tuesday. He has been an active CCV member since almost the beginning. We are so proud of him – and thankful for all he's done to make the Village better! We are also thankful to volunteer Karen Y for ALL the work she did to plan this event.

---



President Scott Blech and President-Elect Mart Hoffman

## We have a new President–Elect on our Board

We enthusiastically welcome Mart Hoffman to the position of President–Elect! He is one of the founding members of Capital City Village.

Mart is a native of Dallas and has lived in Austin since 1975. He received his BA from SMU, his MS in Social Work from the University of

---

Texas at Austin and his MBA from St. Edward's University. Mart is a retired Clinical Social Worker, Administrator and Teacher. He has also served as a Lay Leader and Stephen Minister at his church. Mart is an active camper, canoeist and golfer. He and his wife Sue have two adult children and three grandchildren.

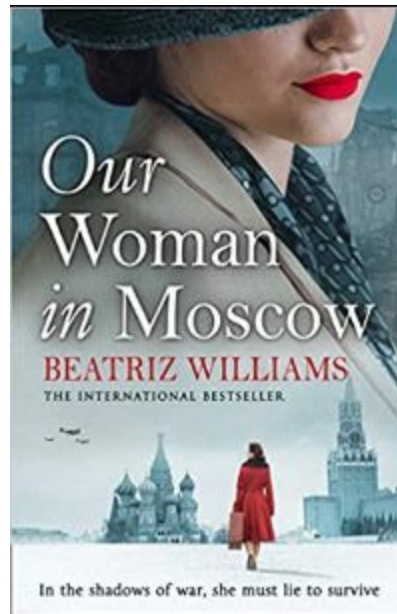
## April Member and Volunteer Birthdays



If you see any of these members or volunteers in April, wish them a happy birthday!

Mark M  
Kelli B  
Mavis W  
Annette M  
Nellie T  
Bonnie G  
Barbara K  
Sam W  
Sue H  
Bob S  
Kathy S  
Barbara G

## Join the Book Club!



### The Book Club has a New List of Books for 2022

The April 15 group will be reviewing "Our Woman in Moscow" by Beatriz Williams at 11 am. Join them online – [RSVP here](#).

[View the 2022 book list here.](#)

**From our Member and Volunteer Services  
Director**





## HEB Nutrition Services

I thought others would like to know about this considering the price is well worth the knowledge! And... [you can book online](#):)

Austin locations:

[12407 N. Mopac Expressway](#) (in store)

Telehealth H-E-B Central Texas--8100 Cameron Road

## Calling all Village Buddies

Mark your calendars for Wednesday, April 13 to attend a brief virtual discussion about the importance of entering buddy check-in calls into our Village's online system. Join Johanna and other volunteers at either 9 am or 1 pm on Wednesday to learn more. Please RSVP here for [9 am](#) or [1 pm](#).

## Helpful Recycling Information



## **Lettuce Recycle**

**by Dena Houston**

Greetings to Capital City Village! I have been invited to contribute my recycling column, Lettuce Recycle, to your wonderful newsletter. I have been a City of Austin Recycling Block Leader for my neighborhood for 28 years. I work closely with the City and recycling organizations. If you have any recycling questions, please email them to me at [recycling@hpwbana.org](mailto:recycling@hpwbana.org).



### **RECYCLING CONTAMINATION**

One of the biggest problems in the area of recycling is contamination. Contamination happens when non-recyclable items are placed in the blue cart.

[Read the rest of Dena's article here.](#)

## **From the Village to Village Network**

### **What is a Village and How Does it Work?**

---

**Wednesday, April 6, 2022 10–11 am**

Registration is required – [register here.](#)

The decision about where we live is one we all face as we grow older. Studies show that a majority of people want to stay in their homes and communities in their pre-retirement and retirement years.

[Read more.](#)



Visit our [website](#) for so much more information. Please let us know ways we can help you during this time, from getting you to necessary doctor's appointments to making sure you have food, meds and services essential to quality of life.

Our phone numbers are 512-524-2709 (office) and 512-468-5594 (Member and Volunteer Services) – call us if you need us!



---

*Copyright © 2022 Capital City Village, All rights reserved.*

You are receiving this email because you signed up for this mailing list on our the village website

**Our mailing address is:**

Capital City Village  
3710 Cedar St  
Ste 283  
Austin, TX 78705

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

