

*Living Well at Home and in  
our Community!*



**Capital City Village 2017 Annual Report**

## **A Letter from President Sally Van Sickle**

Thank you to the CCV members, volunteers and donors! You have helped us fulfill our newest slogan, “Stay where you live, live well where you stay”.

This past year was full of programs and events for both members and the broader community. Fundraisers such as Amplify Austin, our Golf Tournament and the Keep Aging Weird luncheon allow us to provide supported memberships for many of our members, as well as expand the Village Connections program which provides an extra level of assistance to members in need. We moved our office to the AGE of Central Texas building, improving our network with other nonprofits helping seniors. We launched a new website that you can access through the same address: [capitalcityvillage.org](http://capitalcityvillage.org).

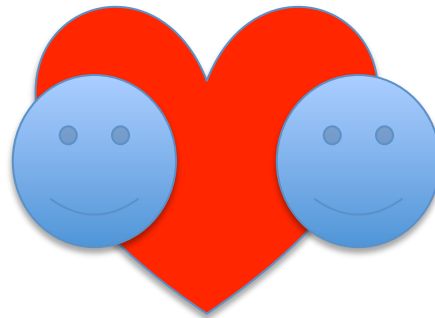
Amplify Austin kicks off in just a few weeks, Keep Aging Weird is scheduled for Nov. 1<sup>st</sup>, and the CCV Golf Tournament will be held Sep. 29<sup>th</sup>. We hope you can join us!



## **In 2017:**

Capital City Village served **110** Members\* with the help of **55** Volunteers\*!

*That's one volunteer for every 2 members!*



**36%** of our members took advantage of volunteer services.

\* Year-end numbers

# HOW OUR VOLUNTEERS HELP OUR MEMBERS:

*A percentage breakdown of our volunteers' member service time:*



- **45%** and growing (up from 5% in 2016!) – Village Connections Program (see more below)
- **42%** drives, which are provided by trained volunteers.
- **7%** Helping recuperating and homebound members (Most of these members have now become part of the Village Connections Program.)
- **6%** household help (yard work, hanging things, minor maintenance, cleaning, technology help)

**What does this mean for our members?** They are afforded the “luxury” of independence in their own homes, getting to their doctor’s appointments, exercise classes, CCV programs with volunteers who don’t just drive them, but also enjoy their company.

**VILLAGE CONNECTIONS!** Thanks to funding from RGK Foundation, CCV’s



Village Connections Program has enrolled 21 village members in a program that links a trained and dedicated volunteer to each. The volunteers maintain regular contact with their member and help with organization of sometimes complex life schedules, ability to get out more and attainment of much-needed resources.

**The CCV member experience:** "I needed two ways to get help in retirement. First, I needed volunteer help like I'm getting today, because there are things I can no longer do. The other thing I needed was a kind of social network. I had three very close friends who moved away within a week and I was left without a social network. Now I'm meeting a lot of really nice people that I like." Julie Speaker, CCV Member



"It's nice because you meet people, and you're stimulated by new people and gain friendships. It keeps your mind more active than if you were not being associated all of these various groups, which is a bonus." Stan Brooks, CCV Member

### **The CCV volunteer experience:**

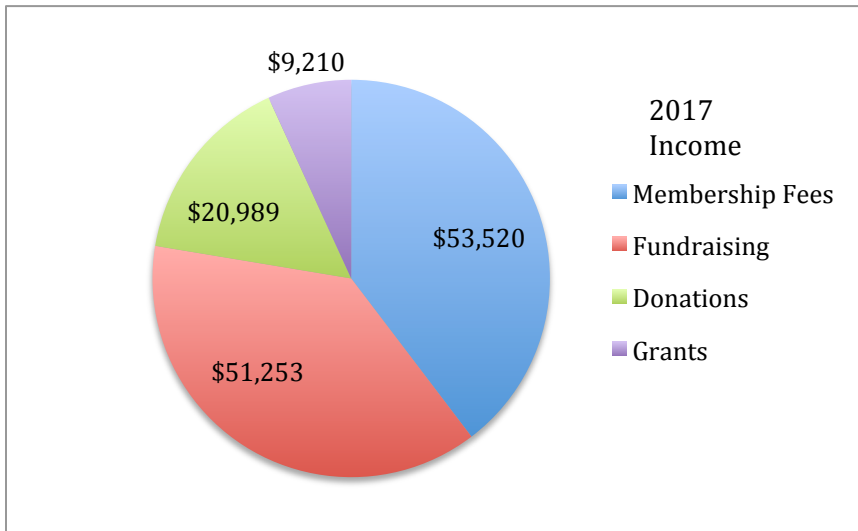
"I signed up to volunteer for Capital City Village because I love the concept of healthy aging at home, which requires regular interaction with other people and the ability to get out as well as manage day-to-day living. I didn't know what I would be doing when I volunteered but never dreamed I would be driving. Bonnie convinced me to give it a try, and that 'I'm sure there are lots of our members who would love to ride in your Mini Cooper.' Guess what, it's true! And I love driving them because they are interesting people with interesting stories and they all really appreciate the ride. Y'all should try it!" Judy Walsh, CCV Volunteer



## 2017 Significant Accomplishments

- Maintained membership of **110**, 37% of which were low-income households. This is up from 28% low-income households in 2016. *Thank you to donors who have made this possible!*
- Expanded Village Connections Program to 19% of members, up from 16% in 2016. Direct-service volunteer hours devoted to Village Connections increased from 5% of total to 45% of total in one year! *Thank you to RGK Foundation, UT School of Social Work Interns, and CCV Volunteers who are making this possible!*
- Conducted a successful 3rd annual "Keep Aging Weird" lunch, *with gratitude to our many sponsors and donors!*
- Had our 2<sup>nd</sup> annual CCV's golf tournament. *Thanks to Tarrytown United Methodist Church and all the golfers and volunteers!*
- Presented 129 social and educational programs, attended by over 1400 people. 74% of our members attended programs in 2017!
- The Village is grateful for the participation of many partners, including Fidelity, BeWell MD, AARP Texas, Austin Regional Clinic, 360 Balance & Hearing, Cari Clark Realtor, Asset Strategies Group, LLC, People's Pharmacy, Sawyer ENT & Audiology, Urban Tapestry, WellMed, Westminster, Atria, Brookdale Gaines Ranch, Drive-A-Senior, Jewish Community Center, Family Eldercare, Luther King Capital Management, Tarrytown United Methodist Church, and more.

## Our Financial Condition is Good:



CCV's 2017 income was \$134,972. Expense was \$128,255. CCV has a healthy reserve (6.75 months) and relies heavily on volunteers and small staff ratios to maintain spending levels. Our 990 is available upon request and we are Guide Star Gold Participants.

**Plans for the Future:** Capital City Village is expanding and plans to eventually form a South Austin Village. The Village Connections Program will grow by up to 25% in 2018. Open Houses continue to be in our growth plan to share village information with various parts of Austin. We are continuously improving our media presence and adding to Austin's recognition of the Village movement.







CCV is planning to repeat the wildly successful fundraiser, **"Keep Aging Weird" November 1, 2018**, featuring keynote speaker **Raj Raghunathan** (author of "If You're So Smart, Why Aren't You Happy?") of the UT McCombs School of Business. Join us! Details [on our website!](#)

You can help! If you know someone for whom the Village would be an ideal solution, refer them to us. And CCV always needs volunteers to visit or drive members, help them around the house or just to lend a listening ear. Donations to Capital City Village are always welcomed and as you can see we use them wisely.

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