



Capital City Village <bonniegilson@capitalcityvillage.org>

It's the CCV Newsletter!

1 message

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Wed, Nov 16, 2022 at 9:59 AM

Thank you for your support!

Young at Heart!

CAPITAL CITY
Village

"FUN"RAISER, THURSDAY, NOV. 10

SPECIAL THANKS TO ALL FOR YOUR SUPPORT!

**"KEEP AGING WEIRD" LIVE AND ONLINE GUESTS,
EVAN SMITH, JIM SPENCER,
SPONSORS, MEMBERS, AND VOLUNTEERS**



512-524-2709
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Keep Aging Weird "Young at Heart" – our 8th Annual "Funraiser" was lots of fun! Thank you to all our dedicated committee members, volunteers, esteemed guest speakers and sponsors! Scroll down to see our list of sponsors.



Capital City Village Office: (512) 524-2709

November 16, 2022



Featured Events



Captain Darren Noak

Men's and Women's Lunch with Austin-Travis County EMS Wednesday, November 16 at 12:30 pm

We never know when we will need them, but when we do, we can always count on them to be there! Who fits this description? Austin-Travis County EMS, that's who!

A-TC EMS encourages seniors to be prepared in case of an emergency. Being informed and planning before disaster strikes are the most effective ways to ensure your safety. There are many simple and affordable things that seniors can do which will leave us better off than we would have been had we not taken time to prepare.

Our November 16th brown-bag lunch meeting will be at AGE of Central Texas' St. David's conference room, 3710 Cedar Street. We are extremely fortunate to have EMS Captain Darren Noak as our presenter. [Click here to learn more and RSVP.](#)



Virtual Bingo

Wednesday, November 30 at 11:30 am

Let's get a jump start on spreading December holiday cheer with a fun game from the past played in a new way! CCV members, volunteers and friends will be joined by employees of LPL Financial, corporate partners of visit.org to have friendly virtual competition of BINGO from across the country. It's quick and easy to play AND real prizes can be won! A perfect stocking stuffer or to stow away for yourselves.

This is an external event. [Instructions for registration are shown here.](#) Visit.org will send you an email with the zoom link that you'll need in order to join the event.

Upcoming Events



"Young at Heart" Keep Aging Weird Annual "Fun"raiser

There are some in-person events this month. "Virtual" indicates that the event is not in-person.

- Wednesday, Nov 16 at 12:30 pm – [Men's and Women's Lunch with Austin-Travis County EMS](#) at AGE Building
- Thursday, Nov 17 at 9:30 am – [Virtual Coffee Hour](#)
- Friday, Nov 18 at 11 am – [Virtual Book Club](#)
- Wednesday, Nov 23 at 2 pm – [Virtual Poetry Group](#)
- Thursday, Nov 24 – Office Closed for Thanksgiving Day
- Thursday, Nov 24 at 9:30 am – [Virtual Coffee Hour](#) (No Second Cup this month)
- Friday, Nov 25 – Office Closed for Native American Heritage Day
- Sunday, Nov 27 at 11 am – [Fourth Sunday](#) at Wheatville S Lamar
- Wednesday, Nov 30 at 11:30 am – [Virtual Village Bingo](#)

Save the Date:

- Saturday, Dec 10 at 3 pm – [Holiday Party](#) (In-person and Virtual)



Thanksgiving anyone?

Please contact Johanna via text 512-524-2709 or johanna@capitalcityvillage.org if you will be dining alone on Thursday, November 24 for a small surprise delivered to your home.



Sally and Kay at a past holiday party

Village Holiday Party Saturday, December 10 at 3 pm Tarrytown United Methodist Church (or on Zoom) – You Choose!

You may attend virtually or onsite at Tarrytown United Methodist Church, [2529 Exposition Blvd](#) Administration Building, December 10 from 3 pm to 5:30 pm.

RSVP is required. On your RSVP please indicate in the COMMENTS box whether you will be in person or attending virtually. Also indicate whether you need a ride. If

you are attending in person, [look here for directions to the room](#).

Wear your best holiday outfits and come ready to enjoy holiday fun with your fellow CCVers – either in person or via Zoom!

Thank you St. David's!



St. David's Foundation was integral in the founding and early development of Capital City Village. They just gifted us with a \$5,000 AgingWell grant. We are grateful for their continuing support of Village members living well at home.

Many thanks to our Keep Aging Weird
Sponsors, listed here:

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Belated Birthday Wishes



Belated birthday wishes to:

Eileen D
Ronald J



Visit our [website](#) for so much more information. Please let us know ways we can help you, from opportunities for socialization to getting you to necessary doctor's appointments to making sure you have food, meds and services essential to quality of life.

Call us at 512-524-2709 if you need us!



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