June 2018 Newsletter

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Celeb Salon: Dr. Stephen Enniss Director of the Harry Ransom Center



Celeb Salons is presented by Capital City Village and Mort Subite on Sunday, June 3rd, 4-6pm. Capital City Village is proud to present this new program series Celeb Salons: exclusive, up close gatherings with some of Austin's local notables, starting this spring. Dr.

Stephen Enniss is Director of the Harry Ransom Center at the University of Texas at Austin. Following his 2013 appointment, he led the development of the institution's five-year strategic plan and building master plan in preparation for the next twenty years of collection and program growth. Major acquisitions during his tenure have included the archives of novelists Ian McEwan, Michael Ondaatje, and Nobel Laureates Kazuo Ishiguro and Gabriel García Márquez. Before coming to the Ransom Center, he held previous appointments at the Folger Shakespeare Library and at Emory University's Manuscript, Archives and Rare Book Library.

The Harry Ransom Center is an internationally renowned humanities research library and museum at The University of Texas at Austin. Its extensive collections provide unique insight into the creative process of writers and artists, deepening our understanding and appreciation of literature, photography, film, art, and the performing arts. Visitors engage with the Center's collections through research and study, exhibitions, publications, and a rich variety of program offerings including readings, talks, symposia, and film screenings.



Register soon: Members: \$30; guests: \$45. Registration includes one drink (craft beer or wine) and light bites; and a tax-deductible donation to Capital City Village. All hosted by the generous folks of Mort Subite, the first authentic Belgian-style pub in the U.S.

Parking: Free street parking on Sundays; paid lot adjacent to building. Fully accessible drop-off at back entrance from alley behind the pub.

CLICK HERE to register now.

Next Celeb Salon: <u>Dr. Jacqueline Angel</u>, Senior Researcher and Professor of Public Affairs and Sociology, LBJ School, University of Texas at Austin Sunday, July 8th, 4-6pm @ Mort Subite

Special guest interviewer: Teresa Ferguson, Exec. Director of <u>AustinUP</u>



June Events at a Glance

Check out our new and improved <u>Events</u> listing on our new <u>website!</u> You can RSVP for any of our events online now.

Just click the name of the event below and you'll go to more information and be able to RSVP.

- Sunday, June 3, 4-6pm <u>Celeb Salons: Steve Enniss</u>, Mort Subite (Downtown). See feature article.
- Tuesday, June 5, 9:30-10:30am Coffee Klatch at Wheatsville South
- Thursday, June 7, 4:30-6:30pm <u>Happy Hour</u> at LaMancha Tex-Mex Cantina (North Central)
- Monday, June 11, 6:45-9pm <u>Dominoes</u> at a member home in NW Austin (different location than usual, RSVP for address)
- Tuesday, June 12, 10am-12pm <u>ShortTakes planning meeting</u> at Wheatsville South. *See article below.*
- Thursday, June 14, 9:30-10:30am 2nd Cup at Russell's Bistro (North Central)
- Friday, June 15, 11:00am-12:30pm <u>Book Group</u> at a Member Home (NW Austin).
- Wednesday, June 20, 12-1pm Men's Lunch at Andiamo Ristorante (North Central)
- Thursday, June 21, 11:30am-12:30pm <u>Lunch & Laughter</u> Special North/South Member Mixer at Wheatsville South. See article below.

- Tuesday, June 26, 10:00am-12:00pm <u>Managing Mindfulness</u> at a Member Home (South)
- Wednesday, June 27, 11:30am-1pm Women's Lunch at Andiamo Ristorante (North Central)
- Thursday, June 28, 9:30-10:30am Coffee, Caffeine and Conversation at TBD

View All CCV Events and Details, and RSVP!



Help Us Plan the ShortTakes Transition

Please join us on Tuesday, June 12th at 10:00 am at Wheatsville South so we can plan together how we want <u>ShortTakes</u> to evolve. We will be considering a new venue and perhaps changes to the format. Your ideas and input will be very helpful and appreciated.



Here's just a little history. ShortTakes began early in 2016 and we have met each month at

Joe and Pam's house. We have shared many TED talks and similar presentations and many of us have gotten to know each other at a deeper level. This has also helped build a strong south Austin presence for CCV. So come to the June 12th meeting at Wheatsville and let's see where the future takes us!



Special North/South Lunch and Laughter June 21 at Wheatsville South!

Austinites have long debated the best things about our beloved city (restaurants, parks & play areas, entertainment, special places and unique people!) and whether those things are better North or South of the River. In fact, there was a special feature article in the <u>September 2016 issue of Texas Monthly</u> on the topic (you'll have to read the article to find out the declared winner). But we Capital City Villagers don't give much play to North v. South rivalry. Instead, we share common our pursuits and embrace our differences. After all, we're all in it together! And we welcome opportunities to "cross the river" in either direction and join our compadres to celebrate the Village that belongs to all of us.

So let us gather to do just that! Capital City Village invites all members to gather at Wheatsville Co-Op South Lamar, a CCV-friendly spot at 4001 S. Lamar (yes, it's south-central but we did meet north of the river back in February) on Thursday, June 21st, 11:30am-1pm (Dutch treat). That's right – South Austin's Lunch & Laughter event is morphing into an end-of-spring Member Mixer. We'll convene in Wheatsville's community room, get a few CCV updates, enjoy some entertainment and each other's company. So save the date and look for updates in the next newsletter.

CCV North & South Member Mixer Thursday, June 21st, 11:30am-1pm

Wheatsville South Lamar (just north of Ben White)

RSVP online, email info@capitalcityvillage.org

or call 512-524-2709



Age-Friendly Austin Plan Approved!

AARP presented a certificate to the City of Austin on Thursday, May 10th, approving the Age-friendly Austin <u>Strategic Plan</u> during the City Council meeting. The five-year strategic plan was developed by <u>Austin's Commission on Seniors</u>, <u>AARP</u>, <u>AustinUP</u> and other community stakeholders to guide our city toward becoming a more age-inclusive city.

Areas of focus center on eight domains of livability as defined by the World Health Organization (WHO) and include Housing, Outdoor Spaces, Transportation, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information, and Community Support and Health Services. Austin is the first city to receive official approval of its action plan. City Council has appointed a Executive Liaison, Assistant City Manager Sarah Hensley, who is proving to be a strong advocate for Austin's age-friendly initiatives.

Capital City Village has a key role in supporting this plan. Sally Van Sickle, Board President, Tommi Ferguson, Executive Director, and Kay McHorse, Past President are actively engaged with subcommittees working on implementation.

Click here for the video that AARP prepared for this initiative.



Helping Out a Grad Student at the School of Nursing

From Vivian Zhang: I am a 4th year PhD candidate from the School of Nursing, UT Austin. I am working on a dissertation survey study on seniors with arthritis and multimorbidities. I write to see if I could recruit some participants through the Capital City Village. This study will help better understand the health conditions, symptoms, needs, coping strategies, healthcare utilization and quality of life of seniors with arthritis and multiple chronic conditions, especially for the minorities. And I would be glad to compensate your support as a volunteer and compensate each participant \$5 for their time. I could further send some documents on the university IRB, flyer, consent form and survey for details via email. Looking forward to hearing from you. Please contact me at weenhuizhango@gmail.com or vivianzhang@utexas.edu or call me at 512-968-8985. Thanks, Vivian



Capital City Villagers Go Downtown for Austin Library Tour

~ LK Keeling, CCV Member

Staying current, a group of the "village people" toured the new 200,000 square feet Central Library. (A portion of the CCV group is pictured above.) The modern, imposing building offers many architectural delights, a work of art. An inviting roof top garden deck, overlooking Shoal Creek and Lady Bird Lake, makes perfect space to hang out, read, study and marvel at the gorgeous view. Inside, natural lighting, spacious areas, reading porches and comfy, comfortable furniture brightens one's spirit.

By the numbers: 589 seats, 140 public use PC & Mac computers, one clever gift shop, 6 floors and 14 shared "learning rooms" (designed for classes, workshops, meetings and & co-working). The number of books, videos & magazines is both overwhelming & impressive. Guess maximum number of books a book lover is allowed to check out at a time? 50! That's not a typo.

Quoting Dr. Seuss: "The more that you read, the more things you will know. The more that you know, the more places you'll go."

Do review the <u>many monthly events, programs, seminars, coffees, luncheons, interest</u> <u>groups</u> and yes a <u>book club</u> sponsored by Capital City Village.

In the Community



Upcoming Events at the JCC

See their June schedule here

• News and Schmooze, 10:00am Tuesdays. Come discuss local, national and

international news and keep up with what's happening.

- Advanced Care Planning Workshop, 1:00pm June 5th. Planning under pressure can lead to unintended results. That's why most people plan for life's milestones: the birth of a child, a career, retirement. However, planning for the last chapter of life is something most of us would rather not think about. Have you talked to your loved ones about what you might want at the end of your life if you're not able to speak for yourself? Presented by Hospice Austin.
- Capital Metro Senior Pass Presentation 1:00 pm June 12th. Join us for an
 informative look at what our city's transportation system has to offer those 65 and
 over. Presented by Lonny Sterns of Capital Metro.
- Road Scholar Presentation 10:00am June 27th. This not-for-profit leader in
 educational travel for adult offers thousands of educational travel adventures around
 the globe, from studying art in Arizona to learning about zoology in Zambia. Come
 learn about their program offerings.







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