

*Stay Where You Live,
Live Well Where You Stay!*



Photo by Deborah Reinhard Photography

Capital City Village 2019 Annual Report

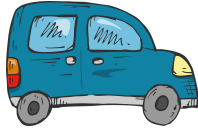
A Letter from President Dr. Tom McHorse

Dear CCV members and friends,
This annual report for 2019 presents a picture of Capital City Village as the engaging, sustainable, and useful organization that needs each of us to help make it all happen. Fellowship, fun, improbable friendships, self-growth, and reduced isolation are the outcomes we seek. A large thanks to members, members who serve as volunteers, and volunteers. The importance of fundraising and the added fun with the golf tournament and KAW lunch are reported in this issue. Good input from our annual meetings help guide the future of CCV. Healthy longevity is important, and we thank member Maxine Barkan , Who turns 102 on March 26 for showing us the way. Stan Brooks represents the men's effort at 97.



My 2020 New Year's wish is for each member to engage fully with Capital City Village this year and show your neighbors how CCV can be fun and helpful and worth joining. Tom

Capital City Village: Aging Well at Home



Transportation—2+ drives per day! Our Volunteers do over 750 drives per year (68% of services to members), which includes 50 paid rides for Village Connections members.



Help at home – at least once per week! CCV has a contingent of “Handy” volunteers who provide over 70 household repairs per year (10% of services to members).



Village Connections About 10% of CCV members have a volunteer advocate to help with life management, and qualify for a monthly paid ride if a volunteer driver isn't available.



Health Programs We help seniors manage their wellbeing with programs about health data management, cataracts and AMD, hearing, bone health, and more.



Tech Support at least once per month! Facebook and iPhone instruction, plus hands-on help from volunteers at member homes.



Social Programs Coffees, happy hours, book club, dominoes, luncheons, parties, and our popular Celeb Salon series, up close with local notables.



Educational Programs Advance planning, conversations with experts, tours, historical/geographical programs, senior resources, and the annual member meeting



Provider Referral Our recommended provider list includes fitness, home health, repair, realty, tech assistance, life-story preservation, downsizing and transportation.

The CCV member experience:

"I've been so grateful for my connection to CCV both as a member and a volunteer. Recently I had a need to get help mounting an owl box on a tree in my back yard. I had no idea of how I would get it up there (12-15 high with an L shaped branch). A volunteer reached out to tell me that he was excited by this project. So on a recent Sunday afternoon, John came over, climbed backwards up my tall ladder and found the perfect spot. I'm now checking for nesting screech owls since that owl box has stayed secure through the past two rainy nights with strong winds." Joanne O, CCV Member



"The Village has helped me so much. I recently broke both my arms and they provided me with rides and even an electronic recliner. But even more, the social activities and the opportunities to make new friends have been so generous." Faye G, CCV Member

The CCV volunteer experience:



I've been a volunteer driver for Capital City Village (CCV) for three years. In that time I've helped members get to doctor appointments, grocery shopping, dialysis, music performances, relocating from an office to a home office, CCV social gathering, and getting pets groomed. Additionally, I regularly visit members who have become my friends. Without exception, CCV members are committed to being as independent as possible, doing everything they can to remain

in their homes. CCV members do not whine, complain, or feel sorry for themselves. I like being around those kinds of people. Jim S.,
CCV Volunteer

2019 Significant Accomplishments

- Maintained membership of **109**, 38% of which were low-income households. *Thank you to donors who have made this possible!*
- Maintained Village Connections Program with 10% of members receiving this higher level of service. *Thank you to RGK Foundation, UT School of Social Work Interns, and CCV Volunteers who are making this possible!*
- Conducted a successful 5th annual "Keep Aging Weird" lunch, exceeding our fundraising goals, *with gratitude to our many sponsors and donors!*



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Significant Accomplishments (Cont.)

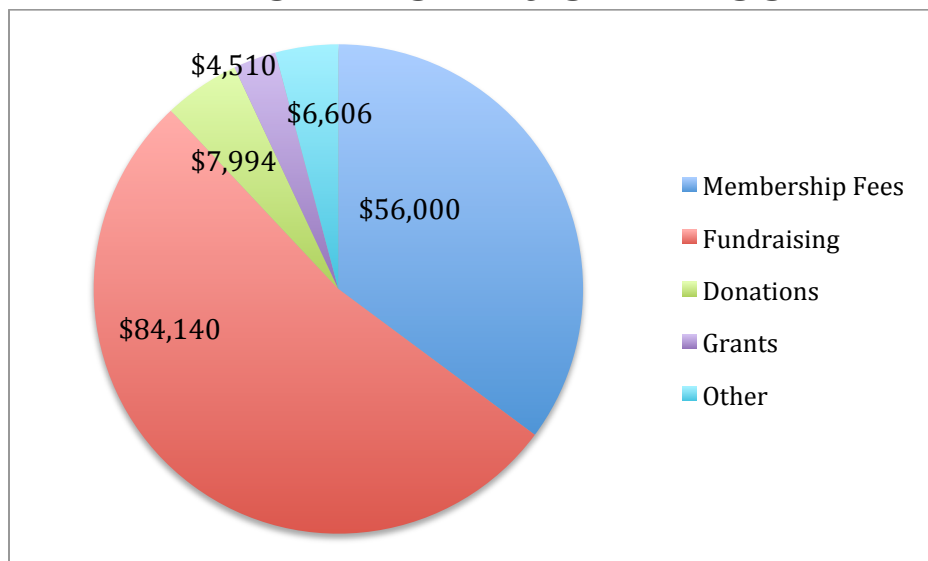
- Exceeded fundraising expectations with our 4th annual CCV golf tournament.

*Thanks to
Tarrytown United
Methodist
Church and all
the golfers and volunteers!*



- Presented 144 social and educational programs, attended by over 1400 people, a 15% increase in participation from 2018.
- The Village is grateful for the participation of many partners, including, Fidelity Investments, Belmont Village, Sara and Dick Rathgeber, Jeanne and Lew Little, AARP Texas, CapMetro, Austin Regional Clinic, Asset Strategies Group, LLC, People's Rx, Austin Subaru, BSA, Kendra Scott, LLC, Messina Hof Winery, Antonelli's Cheese, Tarrytown United Methodist Church, Drive-A-Senior, SAIVA, Shalom Austin, Family Eldercare, and more.

Our Financial Condition is Good:



CCV's 2019 income was \$159,250. Expenses were \$158,749. CCV has a 10-month reserve and relies heavily on volunteers and small staff ratios to maintain spending levels. Our 990 and 2017 financial review are available upon request and we are Guide Star Bronze Participants.

Plans for the Future: Because of our successful fundraising efforts, we are now able to increase the number of subsidized memberships we can offer to a maximum of 50% of our membership (from 38%). We are increasing our volunteer base with the desire that CCV be the "best place in Austin to volunteer!" Through our partnership with South Asian International Volunteer Association (SAIVA), we are increasing Village diversity. We are continuously improving our media presence and adding to Austin's recognition of the Village movement.



CCV is planning to repeat the wildly successful fundraiser, "Keep Aging Weird" November 12, 2020, featuring Judy Maggio. Join us! Details [on our website!](#)

You can help!

If you know someone for whom the Village would be an ideal solution, refer them to us. And CCV always needs volunteers to visit or drive members, help them around the house or just to lend a listening ear. Donations to Capital City Village are always welcomed and as you can see we use them wisely.

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Executive Director