Volunteer Week 2020

CAPITAL CITY Village
LIVE WELL AT HOME

My name is Marie Robinson and I truly love Capital City Village and I really am grateful to our volunteers! Some people don't realize how much they do to help older people stay connected and in their own home longer with their help. They are really the "good" people and I am glad to be able to thank them! Thank you again for all you do to help us

Marie Robinson

Marie, Member since 2019

Barbara, Member and volunteer since 2018

A delightful mistake, it was the week between Christmas and New Years. As I was waiting for my volunteer ride to arrive I realized that the class I usually attended had been canceled. I apologized for my error and was ready to say good-by. With a friendly smile my volunteer asked me if there was somewhere else I would like to go. I quickly said yes! For the past few weeks I had created a shopping trip in my mind with 4 or 5 stops nearby,ending with lunch, My wish came true!! Capital City Village is truly a nonprofit with heart!!

Joan, Member and volunteer since 2017

thanks for all
the wonderful
help and companionship
of volunteers
at CCV.
Transportation has
made such a difference
in the lives
of so many
members. Social
activities planned
in part by our members
have been so meaningful.
Our volunteers
are AWESOME!
Joan

"I'm grateful for CCV staff, all the programs and all the members who work so hard to keep CCV alive. Special thanks to the Hoffmans, the McHorses, the Gambles, the Knutsens, Chammi, Phyllis, LK, Liby, Carl, Rick Cloud, Mavis, Joan, Scott, Maxine and everyone who gives their time to help make CCV the wonderful " village that it has become!!"

Carol, Member and volunteer since 2013

I truly love Capital City Village and I am so grateful to all our volunteers!

I want to thank Carl for my shower bar and the opportunity to meet him and Libby.

I want to thank Mark for removing all the staples from my cathedral ceiling.

I want to thank Tom for the extremely interesting ride to Round Rock yesterday.

I want to thank Rick for making me feel welcome to the very first Central Market Coffee I ever attended.

I pray that all of our volunteers realize how much they do to help older people stay connected and in their own home longer with their help.

Thank you again for all you do for us!

Priscilla Faris

Member since 2019

I Am

A Part Of The Village

"I first became acquainted with Capital City Village about three years ago when a good friend experienced serious medical issues. Those issues led to her being admitted to a skilled nursing facility where she quickly became a full-time resident. At the time, she was an active CCV member and, because I live in the DFW Metroplex, I was most fortunate to be able to rely on CCV volunteers for service referrals of various kinds, numerous and regular medical appointments and, possibly most importantly, advice, suggestions, and understanding. Volunteers have also regularly visited her in the nursing home since she was first admitted. The care, compassion, and helpfulness shown by everyone at CCV who has helped my friend (and me!) these past three years are beyond match...I have told CCV volunteers and others that, without their help these past years, this process would have been impossible for me. I am blessed to be associated with Capital City Village."

Jim, Friend of Julie, Member since 2014

Dear CCV Volunteers,

I'm writing to thank you for the great work you do in helping us CCV members. I am especially thankful to those who drove me to rehab when I dislocated my shoulder this past year: Kay and Tom McHorse, and Tom Knutsen. I also want to thank Adolfo Ortiz for helping me figure out how to get on zoom for meetings after we went into self-isolation in March, and the volunteers who called me each Monday and plenty of times in between, to see if I needed anything, including so many in the course of the year.

Volunteers MAKE a community, especially at this time of trouble we're in. A great big thank-you to you!

Megan Banks
Member of Marketing & Development Committee

Megan, Member and volunteer since 2017

"I have had a lifetime of leadership and activities in professional organizations, nonprofits including church leadership, and quasi-governmental boards and commissions. Finding Capital City Village is the culmination of all my previous experiences rolled into one. Who knew that at my advanced age, I would still be able to contribute to the welfare of my community? Capital City Village whose mission is keep older people in in their homes is just the organization for those of us who, with a little help, can lead independent lives in our own surroundings and be productive citizens. Volunteers are a key to help with small chores and transportation if needed. But other important opportunities are making new social friends, enjoying special interest groups like book clubs, yes, even dominoes, movie groups, luncheons with interesting speakers, touring interesting places in the community, programs with information on keeping healthy all of which makes getting older a lark! Hats off to those founders of Capital City Village who had the vision to organize this great organization!"

Maxine, Member and volunteer since 2014
101 years young

"We joined CCV last year when my husband was diagnosed with bone cancer and are so glad we did. Tommi and Mart came to our house recently when I asked for a social worker. They gave us great advice on things we could do to be able to stay in our house and for my husband to be OK when I'm not there. We like everyone we have met in the organization and have found the volunteers to be extremely helpful."

Michele and Dan, Members since 2019

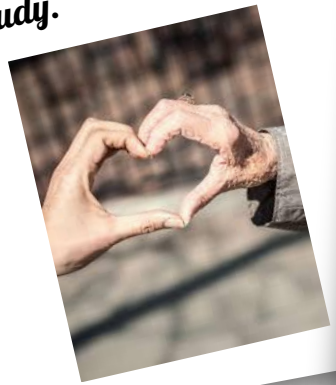
"Volunteers? Who needs volunteers? I DO! How would I get to the many doctors' appointments I have in a given month? I wouldn't without CCV volunteers. How could I attend CCV functions, like committee meetings? Without CCV volunteers, I wouldn't, Sometimes I wonder why they do it? Is it the scintillating conversation members have each time they ride with one of our volunteers? Perhaps. I know what I get from organizing the files for CCV - a sense of joy, accomplishment and contribution. I'm always tired when I finish my organizing, but I feel so satisfied. Why? It's the people I get to see when I go to work. The laughter is wonderful and the conversation stimulating. I feel like I'm with good friends. So why is it that people volunteer for CCV? I'm not sure, but I sure hope they keep doing it. Maybe the answer can be summed up in the words of John Donne: "No man is an island, entire of itself; every man is a piece of the continent, a part of the main." There's no other way to say it: CCV volunteers are my heroes."

Kathy, Member and volunteer since 2013

Jimmie,
Member and volunteer since
2017

"I joined CCV shortly after my husband died and benefited from a widow support group. Gradually, I participated in some of the many social activities, meeting new friends as well as ones I have known from other places. The monthly domino gathering in a couple's home gives me laughter and hopefully keeps my brain active! I usually go to the monthly movie group since it is more fun than sitting by yourself. When I sold my home to move to a duplex with no yard maintenance, volunteers starting showing up or calling to help me pack, moved all my many heavy potted plants, hung pictures, shades, etc. that I couldn't reach without a ladder. A variety of activities are offered every month, many that have programs on health and other ways to continue to stay involved and active while remaining independent in my own residence. Car pools are available if needed and for those who don't drive, volunteers will take members not only to doctor appointments, but just to go shopping or to the beauty shop."

"Our volunteers drive members to and from necessary appointments and to our many social gatherings. We celebrate ourselves with a monthly happy hour, a coffee gathering, and with frequent social gatherings and special interest groups. Our members join together for cards or dominoes, book clubs, and mindfulness study."



"So far I have been fortunate enough to need very little help from this fine organization, but i am grateful to be a member and to know that when I need more help volunteers will be here for me."

Helen, Member since 2012

"I love the wonderful volunteers!"
Dorian, Member since 2020

"I have been arranging a monthly CCV men's luncheon since early in 2012. We have called on members, volunteers and outside resources to present a huge variety of interesting slide show presentations. Working with CCV members for over seven years has been a rich and rewarding experience. I've made many friends and learned much from this varied and vibrant group."

Henry, Volunteer since 2012

Thank You for all you do.
The services and
Connections
mean a lot.

Ronald Jackson
&
Rose Brown

"The Village has helped me so much. I recently broke both my arms and they provided me with rides and even an electronic recliner. But even more, the social activities and the opportunities to make new friends have been so generous."

Faye, Member since 2018

"I've been so grateful for my connection to CCV both as a member and a volunteer. Recently I had a need to get help mounting an owl box on a tree in my backyard. I had no idea of how I would get it up there (12-15 high with an L shaped branch). A volunteer reached out to tell me that he was excited by this project. So on a recent Sunday afternoon, John came over, climbed backwards up my tall ladder and found the perfect spot. I'm now checking for nesting screech owls since that owl box has stayed secure through the past two rainy nights with strong winds."

JoAnne, Member and volunteer since 2014

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Ronald Jackson
&
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Volunteer Hall of Fame