

Mid-May 2019 Newsletter

[Campaign Preview](#)[HTML Source](#)[Plain-Text Email](#)[Details](#)



The Village Mixer is today at 11:30am at Wheatsville S. Lamar. Be there for the lunch, the fun, the information, CapMetro reduced fare signup, and the door prizes! No RSVP needed.



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JOIN US IN A CONVERSATION WITH DR. ELI COX ON "The Life and Times of Adam Smith"

At the Village, one type of program that has always been popular with our members is the "Conversations With" format. We meet at a member home to hear insights from a local notable personality. We are privileged to hear from retired McCombs School of Business Marketing Professor Dr. Eli Cox Sunday, June 2 from 3-5pm at a member home. He will be talking on "The Life and Times of Adam Smith" who lived from 1723 to 1790. There will be refreshments, a presentation by Dr. Cox and opportunities for questions and conversations. Please RSVP so the hosts will know how many to prepare for. We will send the program address to all who RSVP.

Dr. Cox served as Director of the Option II MBA Program from 1982 to 1985 and Department Chairman from 1985 to 1989. He also served as the Director of the Business Honors Program. He is author of Marketing Research: Information for Decision Making (Harper & Row, 1979) and Evaluating Complex Business Reports: A Guide for Executives (Dow Jones/Irwin, 1984), and he is the editor of a collection of readings on research methodology. His research appears in journals such as the Journal of Marketing, Journal of Marketing Research, Public Opinion Quarterly, and the Journal of Product Liability, and the Journal of Public Policy and Marketing.

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Village Events



Photo by Tom Knutsen

May Events

Click on any of these events to find out more and RSVP:

- Thursday, May 16 - 11:30am-1pm - [Village Mixer](#) at Wheatsville S. Lamar. *See article below.*
- Friday, May 17 - 11am-12:30pm - [Book Club](#) at a member home (NW)
- Sunday, May 19 - 4-6pm - [Celeb Salons presents Danny Britt](#) at Mort Subite (Central). *See article below.*
- Wednesday, May 22 - 11:30am-1pm - [Women's Lunch](#) at Andiamo Ristorante (N. Central). *See article below.*
- Thursday, May 23 - 9:30-10:30am - [Coffee Caffeine and Conversation](#) at Cosmic Coffee and Beer (South)
- Tuesday, May 28 - 10am-12pm - [Managing Mindfulness](#) at a member home (South)
- Sunday, June 2 - 3-5pm - [Conversation with Dr. Eli Cox](#) at a member home (NW). *See feature article.*



Come One, Come All - Village Mixer

**Plus Added Bonus - CapMetro will be there for
Reduced Fare Enrollment!**

Join Village members, volunteers and friends Thursday, May 16 from 11:30am to 1pm for a [Village Mixer](#) at Wheatsville Food Co-op, 4001 S. Lamar. The mixer takes the place of the usual Lunch & Laughter and we promise the availability of plenty of both! There will be Dutch-treat lunch, information sharing, and a good time. And...door prizes too!

Bonus: We just received confirmation from CapMetro that they can have their mobile unit there to sign folks up for the Reduced Fare Card (RFID Enrollment). Please bring your photo ID and \$3 in cash, debit or credit card to enroll.

Grab some food in the "food bar" and come on in to the room with the Capital City Village sign on it. [RSVP](#) to let us know you're attending, or just show up!

Celeb Salons



Celeb Salons Returns with Danny Britt

Join Village members, volunteers and friends Sunday May 19 from 4-6pm for our popular [Celeb Salons](#) series. In May we feature Austin musician and storyteller Danny Britt at Mort Subite, 308 Congress Ave. [Registration](#) includes refreshments and a drink.

Danny Britt was born and raised in Kentucky, where he learned to play anything from bluegrass country to classical music and rock 'n roll. He's lived in Texas since 1980. In the eighties he was Jerry Jeff Walker's tour manager for a couple of years. After that he became a singer/songwriter in his own right, with three beautiful solo CD's so far.

[Take a look and listen here.](#)

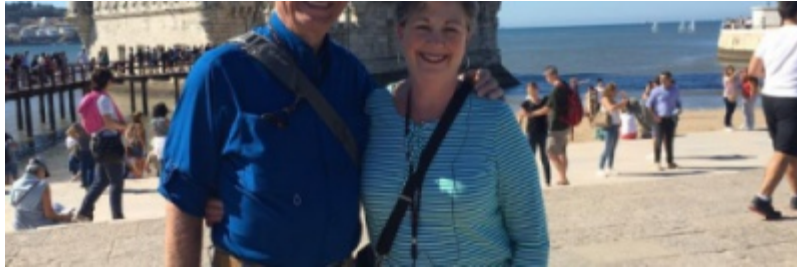
CCV Centenarian Featured by Texas Standard



Village member and Board of Directors member Maxine Barkan was recently featured by the Texas Standard in an article called "100 Years: Voices of Women Voters". Maxine has lived those hundred years and has some very interesting things to say. [Listen to her here](#) and the next time you see her you can thank her for her years of service.

Women's Lunch





A Tour of Northern Spain - Liby, Carl and Rick from Santiago to San Sebastian

May's Women's Lunch promises a treat from world travelers Liby, Carl and Rick. They toured northern Spain and popular presenter Rick is back to share some stories. Join CCV's women members, volunteers, and friends at Andiamo Ristorante, 2521 Rutland at 11:30am Wednesday, May 22 for great food and conversation. [RSVP so organizers can plan enough lunches](#). Lunch is \$22/person.

In the Community



MAY 31 & JUNE 1
FRIDAY - 9:30A-1:30P
ARTIST RECEPTION 6-8:30P
SATURDAY 9:30A - 3:30P

Art Show Co-sponsored by
LAMAR SENIOR ACTIVITY CENTER
ADVISORY BOARD

Lamar Senior Activity Center
2874 Shoal Crest Avenue
Austin, TX 78705
512-978-2480

Lamar Senior Activity Center Art Show & Sale

The [Lamar Senior Activity Center](#) (LSAC) highlights the talents of recognized local professional artists and creative, reflective works of beginner and intermediate art students. Passion and inspiration define these talented dynamic adults, 50 years+ who are active participants of LSAC.





Free Shred Day

Date: Saturday, May 18, 2019

Time: 10 am – 1 pm (or until trucks fill up)

Where: [A+FCU Main](#)

[Branch](#), Parking Lot, 6420 E. US 290
SVRD, Austin, TX 78723

We will have two trucks from Shred-It



(Continued)

No walk-ups accepted. To participate in the free shredding, you must drive through the vehicle line.

Other important details:

- Personal materials only.
- Do not arrive before 10 am. Shredding

on site to collect personal materials for on-site shredding and will be strictly enforcing the following rules:

Strict limit of 3 regular-sized boxes or 4 grocery-sized bags (paper/reusable) per vehicle

- Boxes can be no larger than 24" L x 20" W x 20" H.
- We recommend using standard file boxes or shipping boxes that meet these size requirements. Anything larger will not be accepted.

Do not exit your vehicle. Our event staff will remove the items from your vehicle, empty the boxes/bags into the bins, and then return the boxes/bags to your vehicle. We will not keep the boxes or bags.

Once the boxes/bags are returned to your vehicle, we ask that you exit the shred truck area. If you want to watch your items being shredded, you will need to drive and park in an open parking spot.

will not begin earlier.

- It's not necessary to remove staples, rubber bands, tape, adhesive labels, paper clips, or plastic tabs.
- Wait times are possible.
- Pay attention to the directional signage and A+FCU event staff who will be directing traffic and ensuring the line moves quickly.

We will not accept:

- Hard plastics
- Plastic bags
- Electronic media
- Binders and materials in metal prong fasteners, brass fasteners, and binder clips
- Bound materials such as spiral notebooks or books
- Business records
- Wet boxes/bags/materials

Shredding services are provided for free on a first come, first-serve basis. Once the shred trucks have reached capacity, we will stop taking items to shred.

**OLDER
AMERICANS
MONTH**



CONNECT CREATE CONTRIBUTE MAY 2010

CONNECT, CREATE, CONTRIBUTE MAY 2019

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, *Connect, Create, Contribute*, encourages older adults and their communities to:

- Connect with friends, family, and services that support participation.
- Create by engaging in activities that promote learning, health, and personal enrichment.
- Contribute time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

[Their web page](#) will include suggestions, resources, and material to celebrate older Americans and the communities of which they are a vital part. Everyone benefits when everyone can participate. We encourage you to connect, create, and contribute for stronger and more diverse communities this May, and throughout the year.



Our mailing address is:

3710 Cedar St, Suite 283, Austin, TX 78705

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